

**Cobequid Consolidated Elementary
Old Barns**

October 2017

Meal Choice #1

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bagel Breakfast Sandwich & Hashbrowns	3 Chicken Wrap & Homemade Rice Krispies Square	4 Beefy Nachos	5 Ham Dinner with NYR Veggies	6 Caesar Salad & Fun Pasta with Meat Sauce
9 NO SCHOOL Thanksgiving	10 Cheeseburger Casserole	11 Sloppy Joes & Cookie	12 Cold Cut Sub & Slushie	13 Big Mac Salad
16 Scrambled Eggs Toast & Bacon	17 Sweet & Sour Chicken Balls & Rice	18 Beef Tacos & Fun Pasta Salad	19 Chicken Bowl	20 Pizza Calzone
23 Pancakes & Sausage	24 5 Cheese Ravioli & Caesar Salad	25 Walking Tacos	26 Lasagna & Garlic Bread	27 NO SCHOOL Inservice
30	31			



**Recess & Lunch Hour
(*when available)**

Popcorn Tues. & Thurs.	\$1.00
2% milk-250 ml	\$0.40
Chocolate milk-250 ml	\$1.35
Water-500ml	\$1.00
Baked Chips	\$1.00
*Cookies (warm)	\$0.50
Welch's Fruit Snack	\$1.25
Frozen Yogurt	\$0.75
Cinnamon Buns	\$1.00

**Daily Specials
(Drink & Dessert Extra)**

**Meal with white milk or juice
is \$ (No Dessert)
Meal with chocolate milk
Add \$1.00 (No Dessert)**

Choice #2

Spaghetti & Meatballs	Waffles & Strawberries	Garlic Pizza	Hamburger & Frozen Yogurt	Cobequid Lunchable
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